

Ibuprofen solubility and cytotoxic study of deep eutectic solvents formed by xylitol, choline chloride and water

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1 **Abstract:** Currently, many of the drugs that are discovered or are on the market are not
2 soluble in water and they are classified in categories II and IV of the biopharmaceutical
3 classification system (BCS). All this leads to the search for new solvents or excipients
4 that allow improving the solubility of the active ingredients in aqueous media. One of the
5 new trends is the use of Deep Eutectic Solvents (DES) to solubilize drugs. That is why,
6 in this article, a eutectic mixture formed by xylitol and choline chloride with different
7 proportions of water have been prepared to improve the formulation possibilities of
8 ibuprofen. This pharmaceutical active ingredient has poor solubility in water. In addition
9 to using these mixtures to study the solubility of an active ingredient, the toxicity of the
10 mixtures using cell viability and protein quantification studies has been also checked. The
11 results obtained show that these mixtures improve the solubility of ibuprofen, and they
12 can be classified as non-toxic. These results open the door to the possibility of carrying
13 out other solubility studies with other active ingredients and increasing the biological
14 studies of these mixtures.

15

16 **Keywords:** DES, xylitol:choline chloride, solubility, ibuprofen, cytotoxicity.

17 **1. INTRODUCTION**

18 One of the main problems in the liquid formulation of drugs is the low solubility
19 of some of the active ingredients (API) in aqueous systems. This reduces the amount of
20 drug that reaches the blood circulation (bioavailability) and, therefore, compromises the
21 pharmacokinetic profiles and parameters (Goeke *et al.*, 2018).

22 There are numerous approaches to increase the solubility of active ingredients.
23 One of the most widespread is the use of co-solvents which, in addition, are usually
24 organic solvents. However, on many occasions the use of this type of substances can
25 generate problems during their use such as flammability, cost, difficulty in purification
26 techniques or even toxicity problems (M. Mokhtarpour *et al.*, 2019). There are also a
27 number of other techniques that can be used to improve the solubility of the APS such as
28 the use of surfactants or nanosuspension technology, the diminution of particle size, solid
29 dispersion, salt and esters formation, modification of pH, hydrotrophy, cocrystal,
30 amorphous compound formation or even though inclusion complexes (Ainurofiq *et al.*,
31 2021; Barrett *et al.*, 2022).

32 One of the new trends that is being used to improve the solubility of drugs is the
33 use of Deep Eutectic Solvents (DES). Deep eutectic solvents are liquid mixtures at room
34 temperature whose melting points are low due to the low lattice energy formed by the
35 large and asymmetric ions that form them. Usually, DES are formed by combining a
36 substance called hydrogen bond donor (HBD) with a hydrogen bond acceptor (HBA), so
37 that hydrogen bonds are formed by delocalization of load. The result is a mixture whose
38 melting point is lower than that of its separate components. The typical components used
39 in these mixtures are quaternary ammonium salts (choline chloride) acting as HBA and
40 alcohols, natural metabolites, carboxylic acids, urea and sugars, among others (Nystedt
41 *et al.*, 2021) acting as HBD. Thanks to the sustainable source of the components that form
42 them and low vapor pressure of the resulting mixtures, the DES have been considered by
43 some authors as green solvents and an alternative to some toxic and unsustainable
44 solvents such as ionic liquids or Volatile Organic Compounds (VOC) (Castro *et al.*, 2018;
45 Liu *et al.*, 2018; Mulia *et al.* 2016). As dictated by Green Chemistry (Anastas & Eghbali,
46 2010) and some authors (Kudlak *et al.*, 2015), green solvents have to show a series of
47 characteristics such as such as high versatility, ease of obtaining, sustainable origin of
48 raw materials, low or no toxicity or high biodegradability throughout its entire life cycle
49 (synthesis, uses and applications, recycling and recovery, final destination/environmental

50 disposal). It is true that DES have been shown to deserve this label, since some of them
51 have shown low (eco)toxicity (Ahmadi *et al.*, 2018; Ferreira *et al.*, 2022; Hayyan *et al.*,
52 2016; Macario *et al.*, 2019) and good biodegradability (Lapena *et al.*, 2021), although it
53 is necessary to continue studying these solvents from the beginning point of view of
54 Green Chemistry.

55 In several works the ability of DES to improve the solubility of certain active
56 ingredients has been demonstrated (Abdkarimi & Haghtalab, 2021; Asgari *et al.*, 2021;
57 Barzegar-Jalali *et al.*, 2022; Daadoue *et al.*, 2022; Masumeh Mokhtarpour *et al.*, 2019;
58 M. Mokhtarpour *et al.*, 2019; Pedro *et al.*, 2019; Tajmir & Roosta, 2020). For instance,
59 Asgari *et al.* used DES formed by choline chloride and ethylene glycol at different
60 temperatures to analyze the solubility of carvedilol. They observed that the solubility of
61 this drug increases as the higher is the value of mass fraction of DES in aqueous solution
62 (Asgari *et al.*, 2021). Daadoue *et al.* prepared five DES formed by capric acid and menthol
63 in different proportions (7:3, 6:4, 5:5, 4:6 and 3:7) and studied the solubility of risperidone
64 in these mixtures. They observed that the system formed by 7:3 capric acid and menthol
65 increases the solubility of this drug 73000 folds compared to water (Daadoue *et al.*, 2022).
66 Golgoun *et al.* prepared DES formed by choline chloride and urea, ethylenglycol and
67 glycerol and used them to solubilize betamethasone, meloxicam and piroxicam. Results
68 showed that the mixture which presents higher solubility values was choline chloride and
69 urea for betamethasone and piroxicam (Golgoun *et al.*, 2021).

70 Additionally, there are other types of DES called Therapeutic Deep Eutectic
71 Solvent (THEDES), in which one of the components is an API (Al-Akayleh *et al.*, 2021;
72 Aroso *et al.*, 2015; Duarte *et al.*, 2017; Li *et al.*, 2021; Santos *et al.*, 2019; E. Silva *et al.*,
73 2020; J. M. Silva *et al.*, 2018). Yin *et al.* prepared THEDES based on osthole and paeonol
74 and analyzed the solubility of these mixtures compared to the pure API in water (Yin *et al.*,
75 2022). Al-Akayleh *et al.* designed several systems of risperidone with fatty acids
76 (lauric acid, capric acid and myristic acid) and observed that the solubility of risperidone was
77 up to 70000 fold if it is compared to water (Al-Akayleh *et al.*, 2021). Sarraguca *et al.*
78 prepared several THEDES formed by chlorpropamide and tolbutamide with arginine,
79 tryptophan, citric acid, malic acid, ascorbic acid and p-aminobenzoic acid in different
80 molar ratios. Results showed that the solubility increase for chlorpropamide was 188 times
81 and 120 times for tolbutamide (Sarraguca *et al.*, 2022).

82 Ibuprofen is a Non-Steroidal Anti-Inflammatory Drug (NSAID) widely used
83 today to control and treat mild to moderate pain, fever or inflammatory diseases (Vicent

84 Trung H. Ngo, 2022). The mechanism of ibuprofen consists of the inhibition of
85 prostaglandin synthesis through the inhibition of cyclooxygenase enzymes (COX-1 and
86 COX-2). The COX-1 plays an important role in physiological processes and regulates
87 different functions such as vascular homeostasis, renal hemodynamics, platelet function
88 and gastrointestinal protection while COX-2 is related to inflammatory processes (Pedro
89 *et al.*, 2022). When both are inhibited, anti-inflammatory and analgesic effects can be
90 achieved. Simultaneously, side effects such as gastrointestinal ulceration or renal toxicity
91 can appear. For this reason, sometimes NSAIDs are administered together with
92 gastroprotective drugs (Harirforoosh *et al.*, 2013; Juan A García Meijide 2000).
93 Ibuprofen is usually formulated as oral tablets, capsules, chewable, suspension,
94 intravenous solution, or topical gel. The solubility of ibuprofen in water is poor, therefore
95 the making the formulation in liquid solution difficult. Thus, we can find suspensions but
96 not liquid solutions in market. In addition, may times ibuprofen suspensions are
97 formulated with excipients that cannot be used in specific populations, such as
98 fructosemics or diabetics patients.

99 A revision of literature reveals that the solubility of ibuprofen and the use of
100 different DES have been studied before. For example, Pedro *et al.* prepared several DES
101 formed by arginine and glycerol that increased the solubility of ibuprofen 7917-fold and
102 used it to develop liquid formulations. The stability of the formulations and the biological
103 activity in macrophages was also checked. Furthermore, several alginate hydrogels were
104 also prepared and a dissolution test, skin and permeation test were carried out. (Pedro *et al.*
105 *et al.*, 2022). Phaechamud *et al.* prepared a mixture formed by menthol:camphor (1:1) as
106 solvent and co-solvent for delivery systems. The solubility of ibuprofen in this mixture
107 was analysed and it was observed an increase of 4-folds (Phaechamud *et al.*, 2016). Other
108 study described by Lu *et al.* showed a solubility enhancement of ibuprofen when different
109 DES were used: choline chloride: 1,2-propanediol (1:5) or choline chloride:levulinic acid
110 (1:2) which 3810-fold and 4000 fold respectively (Lu *et al.*, 2016). Other studies
111 described are related to solubility of THEDES formed by an API, in this case, ibuprofen.
112 One of these works was described by Pereira *et al.* where they prepared THEDES formed
113 by ibuprofen, safranal and menthol. They could observe that the solubility in the
114 THEDES was higher than ibuprofen.

115 In this work, we have prepared, characterized and tested a DES formed by the
116 sugar xylitol, and choline chloride. Xylitol is a polyol derived from xylose and found in
117 some vegetal materials (vegetables or fruits). Thanks to its versatility, xylitol can be used

118 in several applications such as sugar substitute, nutraceuticals, for the treatment of
119 glucose 6-phosphate deficiency-associated to hemolytic anemia and in oral hygiene as an
120 active compound, among others. In the case of diabetic's patients, xylitol can be used as
121 a sweetening agent or excipient but also as a better substance with anticatabolic action
122 (insulin resistance) (Ahuja *et al.*, 2020; Ruiz, 2020). The DES has been mixed with water
123 at different proportions and some physicochemical properties such as density and
124 viscosity have been measured to characterize the moieties depending on the water content
125 (Lapena *et al.*, 2020; Mokhtarpour *et al.*, 2020). Additionally, the toxicity of these
126 mixtures has been analyzed due to the importance of knowing if these substances are
127 toxic or not and if (Ferreira *et al.*, 2022), in the future, they could be used in the liquid
128 formulation of drugs. To carried out the toxicological analysis, a cytotoxicity study
129 (Prestoblue, BCA protein and violet crystal assay) has been measured. Finally, the
130 solubility of ibuprofen has been analyzed in these mixtures.

131 **2. MATERIALS AND METHODS**

132 **2.1 Chemicals**

133 All the chemicals have been dried under vacuum for 24 h prior to use. Choline
134 chloride (Ref. C1879) and xylitol (Ref. X3375) have been purchased by Sigma-Aldrich
135 with 98% and 99% of purity, respectively. R-ibuprofen has been obtained from Fagron
136 with 98.5% of purity.

137

138 **2.2 Preparation of DES**

139 In this study, a DES formed by xylitol and choline chloride with different
140 proportions of water has been prepared (Table 1). Mixtures have been obtained by mixing
141 the components at their corresponding compositions (using a Sartorius Entris 5201-1S)
142 with magnetic stirring and gentle heating (below 70°C) until a homogeneous, transparent
143 and colourless liquid has been formed. The uncertainty of the mass determination has
144 been $\pm 10^{-4}$ g. Mixtures with water have been prepared considering the previous amount
145 of water in the mixtures with Milli-Q water (resistivity less than 18.2 MΩ cm). Mixtures
146 have been stored in darkness until use.

147

148 Table 1. Studied mixtures: composition and abbreviation

HBD	HBA	Add-on	Molar ratio	Abbreviation
			1:2:4	XChCl4
	Choline		1:2:10	XChCl10
Xylitol	chloride	Water	1:2:35	XChCl35
			1:2:50	XChCl50
			1:2:75	XChCl75
			1:2:90	XChCl90

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150 **2.3 Physicochemical properties**

151 Kinematic viscosity, ν , has been determined with a Schoot-Geräte AVS-440
152 automatic measurement unit. Several Ubbelohde capillary viscosimeter have been used
153 to measure the kinematic viscosity. The thermostat, Schoot-Geräte CT 11502 has been
154 used in order to control the temperature of the measurements at 25°C ± 0.01 K. The
155 dynamic viscosity, η , can be calculated by multiplying density and kinematic viscosity.
156 The uncertainty of viscosity determinations is $\pm 1\%$.

157 Density, ρ , has been measured with Anton Paar DSA 5000 densimeter. The
158 temperature is internally controlled at ± 0.005 K and, the densimeter corrects the effect of
159 viscosity. The uncertainty of density determinations is ± 0.1 kg·m⁻³.

160 Additionally, apparent density of ibuprofen has been obtained using European
161 Pharmacopeia method. The solid has been sieved using a hole of 1 mm to break up
162 agglomerates. In a graduated cylinder (250 ml), 100 g of sieved ibuprofen has been
163 introduced carefully, without compacting. The volume has been read and the bulk density
164 has been obtained using the formula m/V_0 where m is the mass and V_0 the unsettled
165 apparent volume. The uncertain for this method is $\pm 0.8\%$ (PhEur(10), 2022).

166

167 ***2.4 Cytotoxicity study***

168 ***2.4.1 Cell culture***

169 HaCat and HepG2 cells have been cultured in Advanced-DMEMF12 medium
170 supplemented with 10% FBS, 1% glutamine 2mM, 1% penicillin and streptomycin. Cells
171 were seeded at a density of 6000 cells/cm² in a T25 flask at 37°C, in a 5% CO₂ atmosphere,
172 until reach 90% of confluence and proceed with a cellular passage. All reagents have been
173 purchased by Fisher-scientific.

174

175 ***2.4.2 Concentrations***

176 Different solutions of xylitol and choline chloride have been prepared by
177 dissolving the chemical in culture medium (concentrations 100000, 50000, 25000, 10000,
178 1000 and 100 mg/L). Mixtures have been prepared using MEM10X medium
179 supplemented with 10% FBS, 1% penicillin and streptomycin, 1X HEPES, and ultrapure
180 water. The concentrations have been 50000, 25000, 17500, 10000, 1000 and 100 mg/L
181 for XChCl4 and 100000, 50000, 25000, 10000, 1000 and 1000 mg/L for the rest of
182 mixtures. After that, pH was adjusted (at pH=7) and stock solutions were filtered by using
183 a 0.22 μ m filter.

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190 **2.4.3 Cell viability assay**

191 Two experiments related to cell viability have been carried out: Prestoblue cell viability
192 and crystal violet assay. Both experiments have been conducted in triplicate using 3 wells
193 plates for each concentration and 6 wells plates in the case of controls.

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195 **2.4.3.1 Prestoblue assay**

196 Cell viability experiments have been performed by using PrestoBlue cell viability
197 reagent.

198 Cells have been seeded at a density of 6000 cells/well in 96-well plates and
199 incubated at 37°C and 5% of CO₂ for 4 days to reach the confluence. At that moment,
200 cells have been exposed to the studied mixtures at different concentrations. After 24 and
201 72 hours of incubation, cells have been washed twice with phosphate-buffered saline
202 (PBS) and then, Prestoblue reagent has been added in each well by diluting the reagent
203 in the cell culture medium (1/10) and it has been incubated for 1 hour. At 37°C. The
204 results have been determined thought fluorescence by using a microplate reader (Bio-
205 Tek. Synergy H1, 1608177) at ex.530 nm / emm.590 nm

206

207 **2.4.3.2 Crystal Violet assay**

208 After 72 hours of incubation with the tested mixtures, the cells have been washed
209 twice with PBS and fixed with paraformaldehyde 4% incubated for 15 min at room
210 temperature. Then, well plates have been washed with PBS and crystal violet 0.1% (in
211 PBS) has been added and incubated during 30 min at room temperature. Next, the excess
212 dye has been removed with tap water and photos have been taken using an inverted
213 microscope. Finally, for quantitative measurements, formed crystals have been dissolved
214 using 10% of acetic acid and crystal violet concentrations has been measured in a plate
215 reader at 590 nm.

216

217 **2.4.4 BCA Protein Assay Kit**

218 After finalizing the cell viability assay at 72h after the exposure to the studies
219 compounds, total protein amount per well has been determined by BCA method.

220 Cells were washed twice with PBS and lysed by adding to each well NaOH 0.1M
221 incubated during 20 min at room temperature with agitation. A duplicated BCA protein
222 standard was prepared (0, 50, 100, 400, 600 y 800 µg/mL of albumin) and then, 200
223 µL/well of the BCA protein assay kit working reagent were added and incubated at 37°C

224 for 30 minutes. The results have been measured in a plate reader at 562 nm. The
225 experiments have been carried out in triplicate and using 3 well plates for each tested
226 mixture concentration and 6 wells plates in the case of controls, to ensure the
227 reproducibility.

228

229 **2.5 Solubility measurements**

230 The solubility of ibuprofen in the studied mixtures has been obtained using the
231 modified shake-flask method (Kalepu & Nekkanti, 2015) described as follows:

232 To quantify the solubility of ibuprofen, a spectrum scan has been obtained at
233 different wavelengths to select the maximum absorbance. For this, a methanol solution
234 of ibuprofen has been used, being the maximum wavelength 222 nm. The concentrations
235 of the solutions prepared for the obtention of calibration curve of ibuprofen have been 1,
236 10, 30, 50, 70 and 100 mg/L. These solutions have been prepared in distilled water.

237 Then, supersaturated solutions have been prepared following the general rules for
238 solutions preparation and, supersaturation was checked visually. These solutions have
239 been stirred during 24 hours at controlled temperature (25°C). Afterwards, samples have
240 been protected from light using aluminium foil and rested for another during 24 h at 25°C.
241 After this, supersaturation of mixtures was checked visually again. This study has been
242 carried out using a J.P. Select heater.

243 Then, the samples have been centrifuged using Biofuge Primo R centrifuge for 5
244 min at 5000 rpm. Supernatants have been filtered using PES syringe filter of 0.22 µm and
245 subsequently, the concentration of ibuprofen has been measured by High Performance
246 Liquid Chromatography with diode array detection (HPLC-DAD) (1220 DAD of
247 Agilent) and with C18 reversed-phase column Liquid Purple (ODS 5µm×250×4) from
248 Analysis Vinílicos®. The mobile phase consisted of 20% (v/v) of phosphate buffer (at
249 pH=3) and 80% (v/v) of methanol during 5 min and after that, 30% (v/v) of phosphate
250 buffer (at pH=3) and 70% (v/v) of methanol. The separation has been conducted using an
251 injection volume of 20 µL at a flow rate of 1.0 mL/min. Under the described conditions,
252 ibuprofen presented a retention time of 12.5 min.

253

254 **2.6 Statistical analysis**

255 Statistical analysis has been carried out using GraphPad Prism 9.0 program. T-
256 student test has been used in order to analyze the differences. In the null hypothesis (H_0),
257 it is considered that there are no statistically significant differences between the moments

258 and therefore they are equal, and in the alternative hypothesis (H_1) it is assumed that there
259 are differences between groups. A 95% confidence interval is chosen, so if $p < 0.05$, the
260 null hypothesis is rejected, and the alternative is accepted.

261 3. RESULTS AND DISCUSSION

262 3.1 Preparation and physicochemical characterization

263 All the studied mixtures are liquid, transparent and stable at room temperature. In
264 Table 2, the physicochemical properties of these moieties are gathered. The average
265 molecular weight of each moiety has been calculated according to the following equation
266 (Ahmadi *et al.*, 2018):

$$267 MW_{MIX} = X_{\text{xylylitol}} \cdot MW_{\text{xylylitol}} + X_{\text{choline chloride}} \cdot MW_{\text{choline chloride}} + X_{\text{water}} \cdot MW_{\text{water}}. \quad (\text{Eq. 1})$$

268 where X is the mole fraction and MW the molecular weight of the component.

269 It is important to note that the molecular weight of water is lower than xylitol and
270 choline chloride; that means that as the amount of water in the system increases the
271 molecular weight decreases.

272 Density and viscosity are important properties not only from the engineering point
273 of view but also for explaining some toxicity processes (Hayyan *et al.*, 2016; T. Liu *et*
274 *al.*, 2014). Density provides information about the intermolecular interactions in a DES
275 and viscosity can describe the resistance of a fluid in response to a deformation at a given
276 shear rate. This information is also important to understanding at molecular level the
277 interaction in liquid phases.

278 Results indicate that both properties, density and viscosity decreases as the
279 content of water increases (Hansen *et al.*, 2021). This is related to intermolecular
280 interactions; in this case is due the formation of hydrogen bonds between xylitol and
281 choline chloride. The reduction of density is not as pronounced as the case of viscosity;
282 the amount of water does that the viscosity of mixture diminished considerably. This trend
283 has been reported before for some physicochemical properties (Lapena *et al.*, 2020;
284 Lapena *et al.*, 2019a, 2019b).

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295 Table 2. Molecular weight, density and viscosity values at 25°C.

Components/Mixtures	Molecular weight (g/mol)	Density (g/mL)	Viscosity (mPa·s)
Choline chloride	139.62	-	-
Xylitol	152.15	-	-
XChCl4	71.91	1.177363	106.3
XChCl10	47.03	1.143159	17.26
XChCl35	27.93	1.108058	2.808
XChCl50	25.12	1.062445	1.897
XChCl75	22.83	1.045364	1.485
XChCl90	22.05	1.038730	1.370

296

297 In the case of ibuprofen, the values obtained have been 0.515 g/mL for bulk
 298 density. Several values of this property are gathered in bibliography. For instance,
 299 Nokhodchi *et al.* designed several ibuprofen crystals using two disintegrants (starch and
 300 sodium starch glycolate) in order to improve ibuprofen's flow. Its compatibility and
 301 dissolution behaviour. Value of bulk density for pure ibuprofen was 0.22 g/mL
 302 (Nokhodchi *et al.*, 2015). Garekani *et al.* analyzed and observed that the bulk density of
 303 ibuprofen was modified depending on the solvents used for crystallization. Values for
 304 this property was 0.45 g/mL for methanol and ethanol, 0.42 g/mL for isopropanol and
 305 0.29 g/mL in the case of hexane. These differences were because of their various crystal
 306 habits, which make different contact points, cohesive and frictional forces between
 307 crystals(Garekani *et al.*, 2001).

308 Han *et al.* used micronization of ibuprofen in a fluid energy mill (FEM) along
 309 with dry coating to observe if the dissolution process produced and increase in the bulk
 310 density and flowability of ibuprofen compared to the uncoated micronized ibuprofen
 311 powder. The obtained bulk density for pure ibuprofen was 0.45 g/ml (Han *et al.*, 2011).

312 As we can see in the different studies, there is a great variability in the values of
 313 bulk density, this may be due to the supplier or even in the method used to measure the
 314 bulk density.

315

316 **3.2 Cytotoxicity study**

317 This cytotoxicity study has been carried out on two cell lines to evaluate the
 318 security of these mixtures to be used in pharmaceutical formulations. The selected cell
 319 lines have been HaCat (keratinocyte line) can give a first idea to know if these mixtures

320 (xylitol and choline chloride) could be used for drugs to be administered topically and the
321 hepatic line HepG2, very useful because most of the drugs are metabolized by the hepatic
322 pathway.

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324 **3.3 Cell viability assay**

325 In this work, two tests have been performed to analyze cell viability, using the
326 Prestoblue assay and the crystal violet assay.

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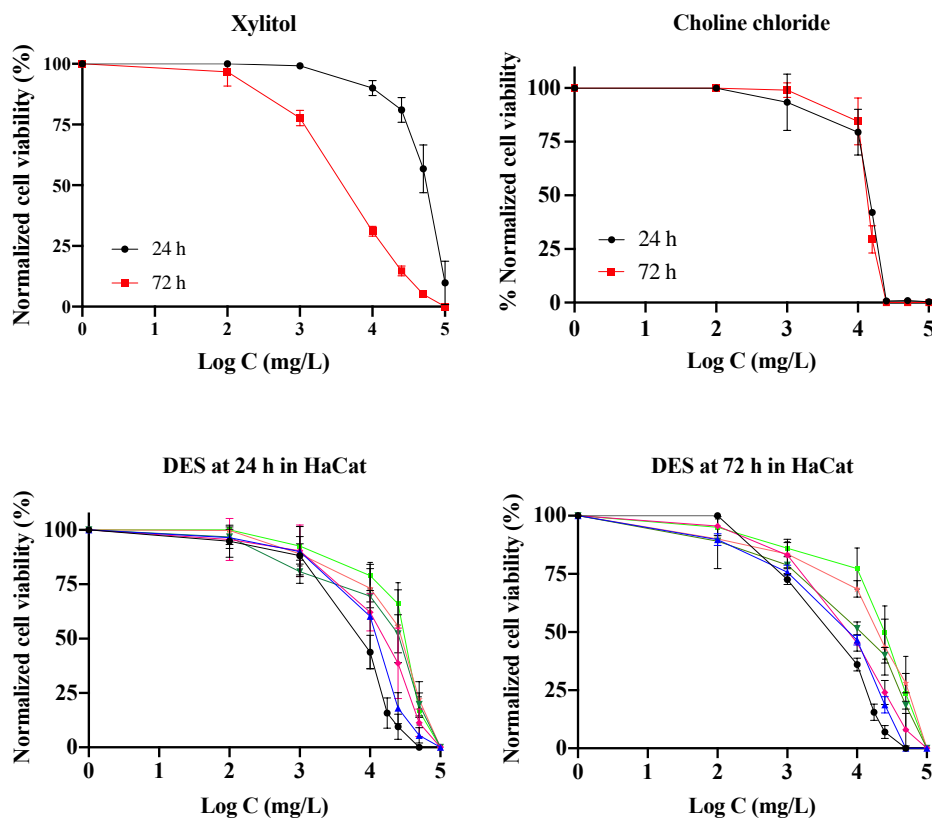
328 **3.3.1 Prestoblue assay**

329 Prestoblue reagent is a resazurin solution that acts as an indicator of cell viability
330 that makes use of the reducing power of living cells. Resazurin is a non-toxic, cell-
331 permeable (blue) and virtually non-fluorescent compound. When added to cells, resazurin
332 is converted to resafurin by the reducing environment of the living cell and becomes red
333 and fluorescent. Viable cells continuously convert resazurin to resafurin, resulting in a
334 quantitative measure of viability and cytotoxicity (Lall *et al.*, 2013). This test gives
335 information on the cells ability to metabolize a salt into a different product. The higher
336 the salt conversion, the higher the metabolism and thus the higher cell quantity.

337 Xylitol can be metabolized to D-xylulose by an unspecific cytoplasmatic NAD-
338 linked polyol dehydrogenase and other specific NADP-linked xylitol dehydrogenase.
339 Through phosphorylation, glucuronidation and pentose phosphate pathway, xylitol is
340 finally, converted to glyceraldehyde 3-phosphate and fructose 6-phosphate. These
341 compounds are glycolytic and gluconeogenic intermediates(Ahuja *et al.*, 2020). Xylitol
342 is, fundamentally metabolized in liver (50-80%) although it can be transformed in other
343 organs such as kidney or lungs and even in erythrocytes or adipose tissue. Metabolized
344 compounds can be converted into CO₂ and H₂O carbohydrate pathways (Ur-Rehman *et*
345 *al.*, 2015).

346 In the case of choline chloride, this chemical is not completely absorbed because
347 it is metabolized by intestinal bacteria to trimethylamine (Laurence Brunton 2022). It
348 can be used as precursor of several biological compounds. In the liver, it participates in
349 some metabolic reactions, such as the formation of CDP-choline for the obtention of
350 phosphatidylcholine. Using oxidation reactions, it forms the methyl donor betaine, which
351 is essential in the sustaining methylation capacity in the organisms (Mehedint & Zeisel,
352 2013).

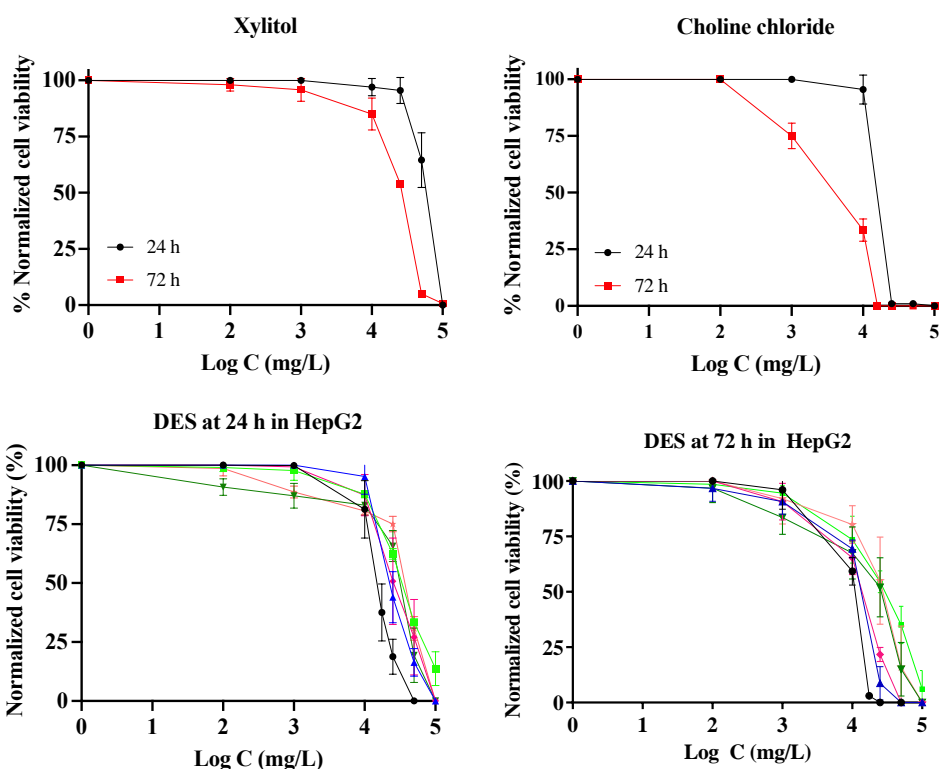
353 Figures 1 and 2 show the dose-response curves for xylitol, choline chloride and
 354 the studied mixtures in both cell lines (HaCat and HepG2). Additionally, in Table 3 values
 355 of EC₅₀ are shown. For all cases, a dependence between concentration and cell viability
 356 has been observed. The cell viability decreases as the concentration of toxic increases. In
 357 the case of the studied mixtures, the toxicity of these mixtures decreases as the amount of
 358 water in the system increases being the less toxic compound XChCl90 and the highest
 359 XChCl4.



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Figure 1. Dose-response curves in HaCat cell line for: xylitol, choline chloride and
 studied mixtures: XChCl4 (●); XChCl10 (▲); XChCl35 (◆); XChCl50 (▼);
 XChCl175 (★); XChCl90 (■) at 24h and 72 h.



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370 Figure 2. Dose-response curves in HepG2 cell line for: xylitol, choline chloride and
 371 studied mixtures: XChCl14 (●); XChCl10 (▲); XChCl35 (◆); XChCl50 (▼);
 372 XChCl175 (★); XChCl90 (■) at 24h and 72 h.

373

374 When results are analyzed at 24 and 72 h, for pure components, it is observed that,
 375 in the case of xylitol the toxicity drastically decreases from 24h to 72 h. This trend is
 376 more pronounced in the case of HaCat cells; however, in the case of choline chloride the
 377 trend is different, with the EC₅₀ value remains almost stable at 24h and 72 h for the HaCaT
 378 line and dramatically decreases in the case of HepG2. If the results obtained for the DES
 379 with different water proportions are analyzed, it can be observed that there are differences
 380 between toxicity at 24h and 72 h being more toxic in the case of 72 h and for HaCat cell
 381 line.

382

383 Ahmadi *et al.* analyzed the cytotoxicity of some DES formed by choline chloride
 384 and some sugars in HEK-293 cells. One of the studied DES was choline chloride and
 385 xylitol in a molar ratio 5:2. Results obtained in that case revealed that IC₅₀ was 8.55 mM
 386 (IC=1714 mg/L); additionally, IC₅₀ for choline chloride was 62.88 mM (8339 mg/L) and
 387 xylitol was considered as nontoxic because its IC₅₀ was higher than 100 mM (Ahmadi *et al.*,
 388 2018). Although these values were measured for other cell line, it is worth mentioning
 that the same trend is the same as the obtained in this work.

389 Table 3. Vales of EC₅₀ at 24 and 72 h in HaCat and HepG2 cell lines.

Compound	HaCat (mg/L)		HepG2 (mg/L)	
	24 h	72 h	24 h	72 h
Xylitol	50829 ± 4701	3923 ± 509	55085 ± 4823	30724 ± 2523
ChCl	13554 ± 457	13488 ± 1747	14450 ± 895	2483 ± 212
XChCl4	8350 ± 400	3423 ± 450	11936 ± 256	10660 ± 460
XChCl10	12076 ± 658	4462 ± 890	21666 ± 228	12638 ± 287
XChCl35	14950 ± 543	6963 ± 1371	25435 ± 831	13349 ± 569
XChCl50	20505 ± 492	8670 ± 827	29663 ± 404	20230 ± 680
XChCl75	23562 ± 606	18412 ± 41	30311 ± 361	25049 ± 259
XChCl90	28645 ± 379	23117 ± 2535	35727 ± 641	26157 ± 474

390

391 The statistical analysis carried out is presented in Table 4. As it can be shown, in
 392 general, there are significant differences between the toxicity values at 24 h and 72 h for
 393 all the compounds analyzed except in the case of choline chloride in the HaCat cell line.

394

395 Table 4. *p* values for the Prestoblue assay in HaCat and HepG2 cell lines.

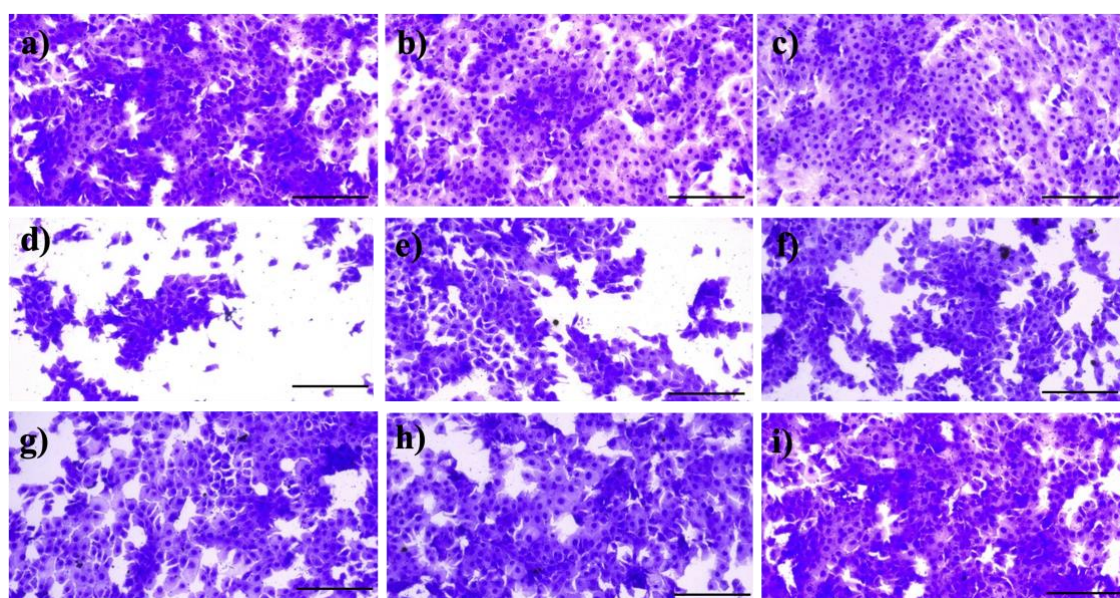
HaCat cell line								
24 h	72 h							
	Xylitol	ChCl	XChCl4	XChCl10	XChCl35	XChCl50	XChCl75	XChCl90
Xylitol	< 0.001	-	-	-	-	-	-	-
ChCl	-	0.940	-	-	-	-	-	-
XChCl4	-	-	< 0.001	-	-	-	-	-
XChCl10	-	-	-	< 0.001	-	-	-	-
XChCl35	-	-	-	-	< 0.001	-	-	-
XChCl50	-	-	-	-	-	< 0.001	-	-
XChCl75	-	-	-	-	-	-	< 0.001	-
XChCl90	-	-	-	-	-	-	-	< 0.001

HepG2 cell line								
24 h	72 h							
	Xylitol	ChCl	XChCl4	XChCl10	XChCl35	XChCl50	XChCl75	XChCl90
Xylitol	<0.001	-	-	-	-	-	-	-
ChCl	-	<0.001	-	-	-	-	-	-
XChCl4	-	-	< 0.001	-	-	-	-	-
XChCl10	-	-	-	< 0.001	-	-	-	-
XChCl35	-	-	-	-	< 0.001	-	-	-
XChCl50	-	-	-	-	-	< 0.001	-	-
XChCl75	-	-	-	-	-	-	< 0.001	-
XChCl90	-	-	-	-	-	-	-	< 0.001

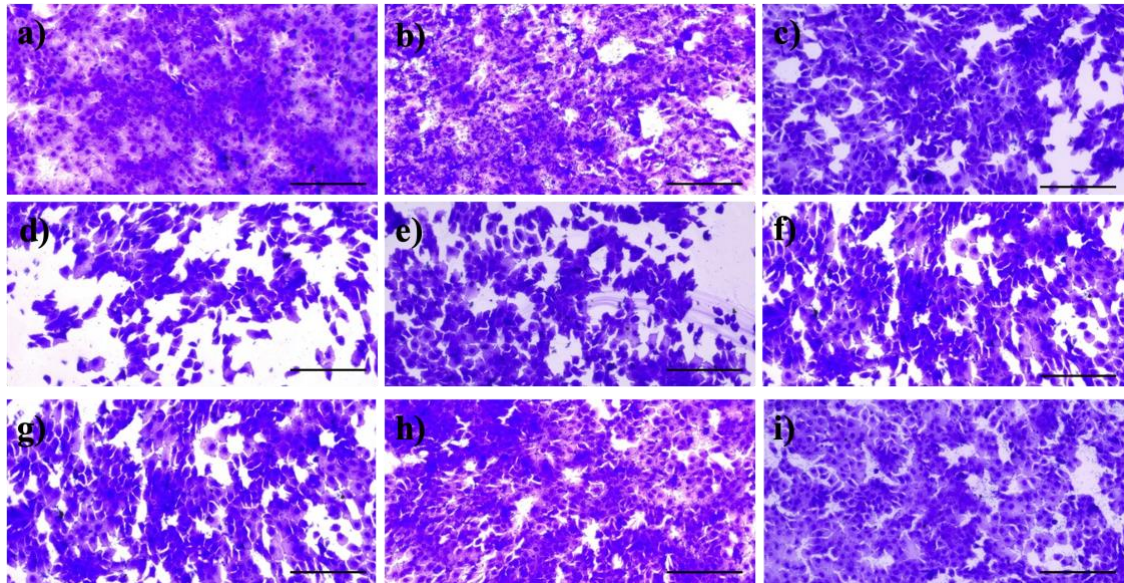
396 3.3.1 Crystal violet assay

397 Crystal violet assay is a rapid and versatile test that allows the analysis of cell
398 viability when cells are placed in contact with a specific stimulus such as chemicals or
399 toxicants. Adherent cells, during cell death, detach from the culture plates. This feature
400 can be used to, indirectly, measure cell death in a culture and, in addition, to analyze and
401 determine differences in the proliferation of cultures after contact with a specific stimulus.
402 Staining of the cells with crystal violet dye because it can bind to proteins and DNA.
403 When cells undergo cell death, they detach from the plate and a decrease in the staining
404 of the plate is observed (Feoktistova *et al.*, 2016).

405 This assay has been carried out to test the toxicity of the studied mixtures in both
406 qualitative and quantitative way. In the first case, several photos have been taken under
407 the light microscope to see how the cells are after contact with pure substances and the
408 studied solvents. As an example, in Figures 3 and Figure 4 several photos are shown,
409 taken at 10X magnification, for the sample control and 10000 mg/L concentration
410 samples of pure and mixtures for HaCat and HepG2 cell line after 72 h of exposition. It
411 is observed that, in all cases, the cell viability decreases as the amount of water does in
412 DES mixtures. In this case, the photos obtained show that there is a correlation between
413 the cell concentration in the culture plates and the amount of toxicant used.



414
415 Figure 3. Crystal violet assay at 72h after the exposure of 10000 mg/L of the studied
416 mixtures with the HaCat cell line. a) control, b) xylitol, c) choline chloride, d) XChCl4,
417 e) XChCl10, f) XChCl35, g) XChCl50, h) XChCl75 and XChCl90. Photos are shown at
418 10X magnification, the scale line used in this experiment is 100 μ m.

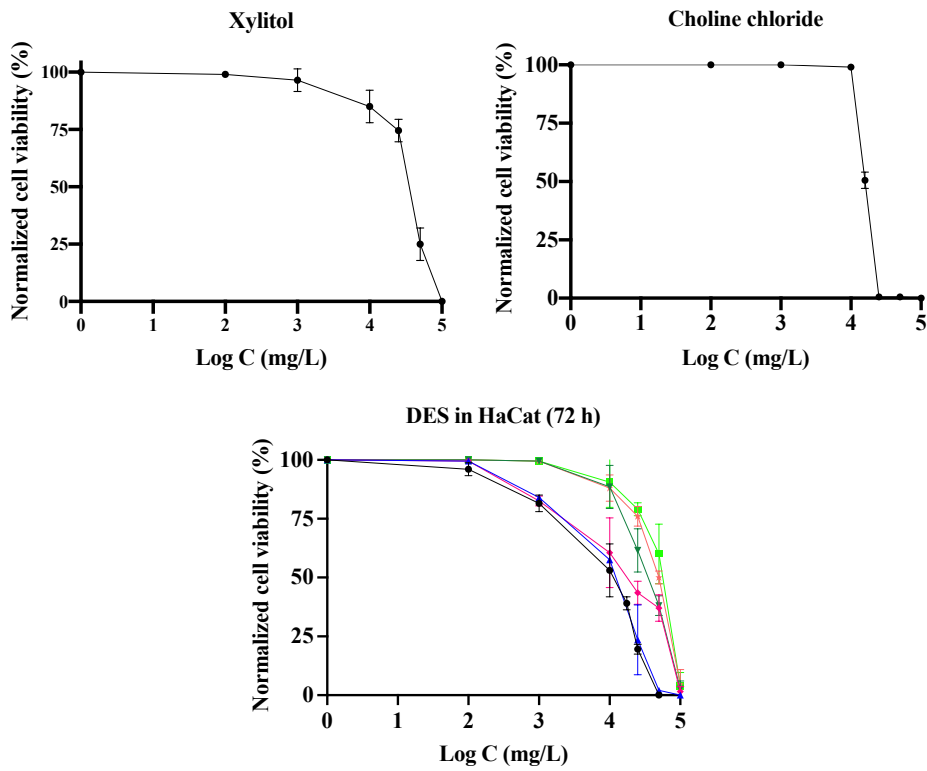


419

420 Figure 4. Crystal violet assay at 72h after the exposure of 10000 mg/L of the studied
421 mixtures with the HepG2 cell line. a) control, b) xylitol, c) choline chloride, d) XChCl4,
422 e) XChCl10, f) XChCl35, g) XChCl50, h) XChCl75 and XChCl190. Photos are shown at
423 10X magnification, the scale line used in this experiment is 100 μ m.

424

425 In Figures 5 and 6, the dose-response curves in HaCat and HepG2 at 72h are
426 shown. The qualitative trend is the same as the quantitative one and in all cases, the
427 viability decreases as the concentration of water decreases being more toxic XChCl4 and
428 the lowest XChCl190.



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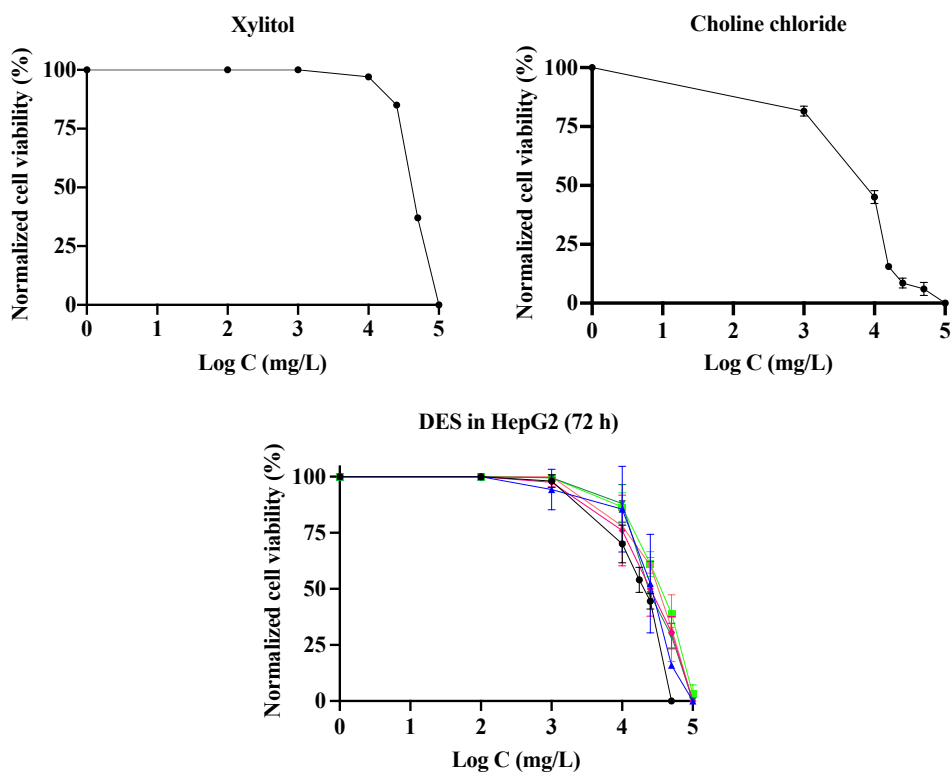
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Figure 5. Dose-response curves in HaCat cell line for crystal violet assay: xylitol, choline chloride and studied mixtures: XChCl4 (●); XChCl10 (▲); XChCl135 (◆); XChCl150 (▼); XChCl175 (★); XChCl190 (■) at 72 h.



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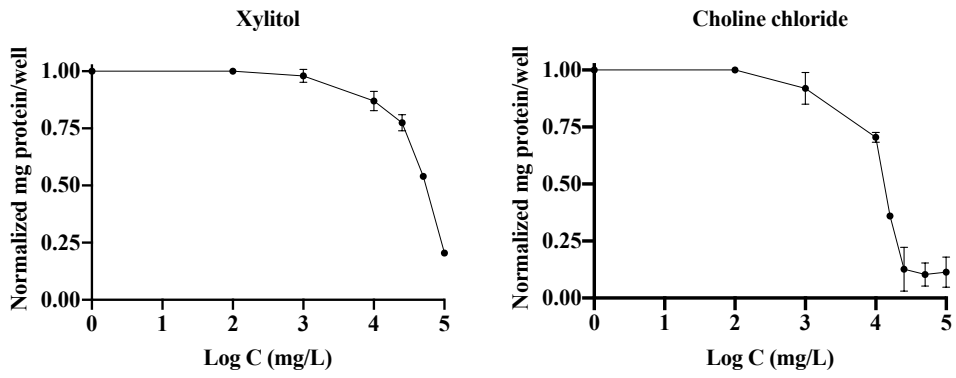
446 Figure 6. Dose-response curves in HepG2 cell line for crystal violet assay: xylitol,
 447 choline chloride and studied mixtures: XChCl4 (●); XChCl10 (▲); XChCl35 (◆);
 448 XChCl50 (▼); XChCl75 (★); XChCl90 (■) at 72 h.

449

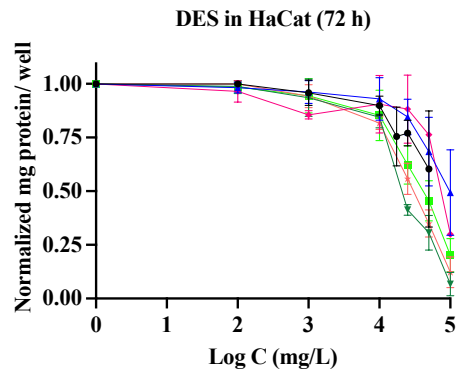
450 3.4 BCA Protein Assay Kit

451 The colorimetric protein quantitative bicinchoninic acid (BCA) test is a common
 452 tool used for the determination of protein concentration. This simple method can
 453 tolerance some detergents and used in microplate format (Brown *et al.*, 1989; Rogatsky,
 454 2021; Smith *et al.*, 1985). In this assay, the color formation results by two consecutive
 455 reactions. Firstly, Cu^{2+} is reduced to Cu^+ by a protein in alkaline medium using the biuret
 456 reaction. Next, BCA reacts with Cu^+ forming a purple-colored complex. This complex
 457 can be measured at 562 nm (Smith *et al.*, 1985).

458 In Figures 7 and 8, the cytotoxic effects caused by the mixtures are shown. Results
 459 indicate that the effects are dose-dependent and are consistent with the previous results
 460 obtained in the PrestoBlue test. For both the pure chemicals and the solvents, the
 461 normalized amount of protein decreases as the concentration of chemicals increases. The
 462 graphs for the evaluation of cell viability and protein concentration show a similar
 463 behavior, the reduction in the normalized fluorescence for the Prestoblue test correlates
 464 with the normalized absorbance for BCA.



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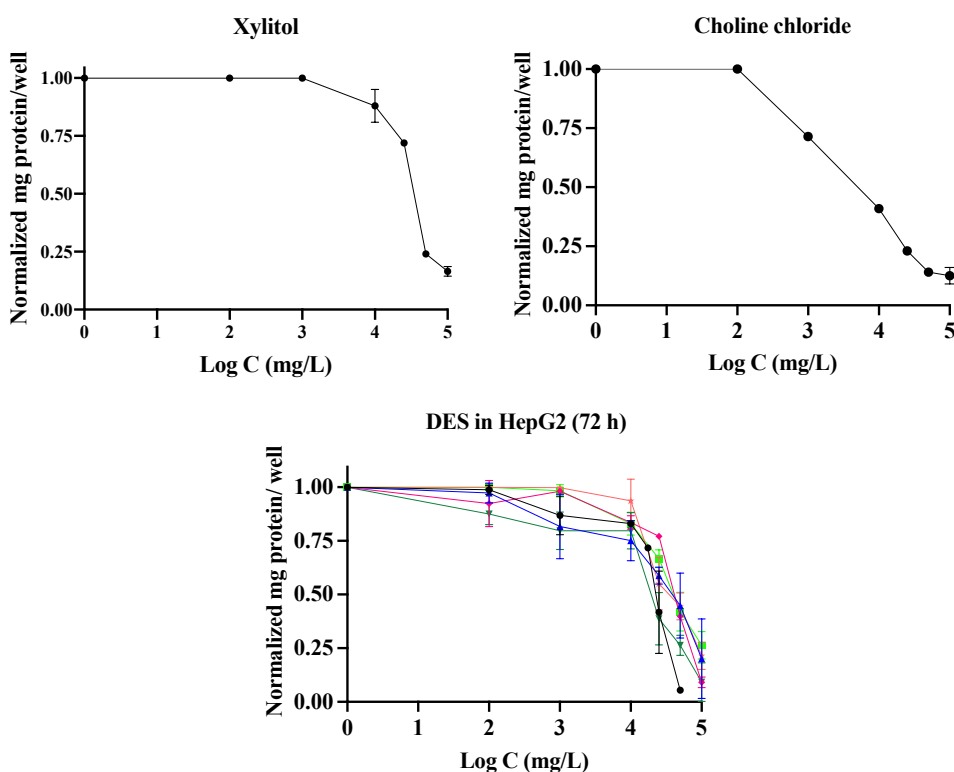
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Figure 7. Dose-response curves in HaCat cell line for BCA assay: xylitol, choline chloride and studied mixtures: XChCl14 (●); XChCl110 (▲); XChCl135 (◆); XChCl150 (▼); XChCl175 (★); XChCl190 (■) at 72 h.



481

482

483 Figure 8. Dose-response curves in HepG2 cell line for BCA assay: xylitol, choline
 484 chloride and studied mixtures: XChCl4 (●); XChCl10 (▲); XChCl15 (◆); XChCl50 (▼);
 485 XChCl75 (★); XChCl90 (■) at 72 h.

486

487 3.5 Ibuprofen solubility in studied mixtures

488 Ibuprofen is a NSAID which presents very low values of solubility in water at
 489 room temperature (Pedro *et al.*, 2022; Watkinson *et al.*, 2009). Several previous studies
 490 have explored the increment of with temperature and the addition of some organic co-
 491 solvents (Heyneman *et al.*, 2000; Rhee *et al.*, 2008). However, the liquid formulations of
 492 this drug are very limited, so it is important the search in depth of new excipients.
 493 Moreover, the use of these excipients should be compatible with some conditions like
 494 diabetics, fructosemics or even children population. For these reasons, the use of xylitol
 495 for the development of oral pharmaceutical formulas is considered a good option when
 496 these aspects are considered. Next the results obtained in the solubility study of ibuprofen
 497 using the studied mixtures are shown.

498 In Figure 9, the prepared ibuprofen solutions in each of the moieties are presented:
 499 1a) corresponds to the saturated solutions just prepared; 1b) the ibuprofen solutions after
 500 24 h of shaking at controlled temperature (25°C) are shown and, finally, 1c) the solutions

528 Table 5. Calibration equation ibuprofen in ethanol. Wavelength of maximum absorbance
 529 (Abs), λAbs_{max} , and validation parameters: coefficient of determination, R^2 , limit of
 530 detection, LD , and limit of quantification, LQ . $^a LD = \frac{x+3S}{m}$; $^b LQ = \frac{x+10S}{m}$ being m the
 531 slope and the intercept equals to 0, and x and S , the average and the deviation of the
 532 blank.

API	Slope calibration line c in c (mg/l)	λ (Abs_{max}) (nm)	R^2	LD ^a (mg/l)	LQ ^b (mg/l)
Ibuprofen	40.608	222	0.999	0.05	0.15

533

534 The solubility of ibuprofen has been obtained at room temperature and values of
 535 the mean of solubility and the standard deviation are shown in Table 6. The solubility of
 536 ibuprofen in water was measured, however, the value obtained was below the LD of the
 537 method, therefore, it was decided to take the value from the literature in order to calculate
 538 the S/S₀ ratio and be able to make the comparison. In this ratio, S is solubility of API in
 539 DES and S₀ the solubility of ibuprofen in water.

540

541 Table 6. Solubility, s (mg/L) with their corresponding standard deviation and the
 542 solubility ratio for ibuprofen in studied mixtures.

Solvent	s (mg/l)	ratio (S/S ₀)
XChCl4	442 ± 15.0	21.0
XChCl10	107 ± 1.96	5.1
XChCl35	53.2 ± 2.63	2.5
XChCl50	46.8 ± 0.63	2.2
XChCl75	30.7 ± 1.36	1.5
XChCl90	41.3 ± 1.50	2.0
Water	21*	-

543

* Hazardous Substances Data Bank (HSDB). Available online:

544

<https://pubchem.ncbi.nlm.nih.gov/compound/Ibuprofen#section=Solubility>

545

546 The analysis of the molecular structure and the hydrogen bonds that can be formed
 547 between drugs and the active ingredients of DES is fundamental when it comes to
 548 explaining the increased solubility (Abdkarimi & Haghtalab, 2021). As shown in Table
 549 6, it can be observed that, as a general trend, the solubility of the drug increases in
 550 mixtures with a lower proportion of water, being 21-fold increase in the case of XChCl4.

551 This may be due to the hydrophobic nature of the compound, and thus, the solubility
552 decreases as the water concentration increases. However, the behavior observed in the
553 mixtures with higher water content is slightly different: solubility of XChCl90 is greater
554 than that of XChCl75; a priori, this is an anomalous behavior and could perhaps be
555 explained due to the intermolecular interactions that occur between xylitol, choline
556 chloride and water. In addition, it is possible that this phenomenon is a salting in/salting
557 out process type: when the concentration of water in the DES increases, the water
558 molecules penetrate the DES network more effectively, being in the middle with less
559 "effective" water molecules in solution and thus, the mixture behaves as if there is less
560 water content.

561 Ibuprofen can be currently formulated as a syrup. However, on many occasions
562 the excipients used for developing the liquid oral formulation include some sugars such
563 as fructose that can affect different special populations. In this case, intolerance fructose
564 patients, who have a deficiency of the enzyme fructose 1,6-biphosphatase and are not
565 capable of metabolizing fructose (Maiorana *et al.*, 2020). Another important point is the
566 case of diabetic patients: xylitol can be used as an alternative sugar since it does not raise
567 blood glucose or insulin levels. Additionally, this sweetener presents a reduced caloric
568 value, and this is important in the weight control (Nontokozo Z. Msomi *et al.*, 2021;
569 Nontokozo Zimbili Msomi *et al.*, 2022).

570 Although as a general rule, the use of sweeteners in the pediatric population
571 should be avoided; it is worth noting that, on the market, there are different preparations
572 with xylitol in the form of gummies, chewing gum, pills, etc. (Le *et al.*, 2022) that are
573 widely used for the treatment of dental caries (Wu *et al.*, 2022). In fact, (Tagami *et al.*
574 developed gums and chewing gums made up of xylitol and ibuprofen and the results
575 provided information about the preparation of gum in clinical settings (Tagami *et al.*,
576 2021). Additionally, other study published by Miyazaki *et al.* studied how polyhydric
577 alcohols (xylitol, sorbitol) can modify the rheological properties of gelling pectin
578 formulations of paracetamol and ambroxol (Miyazaki *et al.*, 2005). The main problem of
579 xylitol is its effect as laxative generating gastrointestinal adverse effects such as excess
580 gas, diarrhea, soft stools, especially in the case of the little ones (Bueno-Hernandez *et al.*,
581 2019; Sylvetsky *et al.*, 2011; Vernacchio *et al.*, 2007). The study we present here could
582 be a starting point for the liquid oral formulation. However, more studies must be carried
583 out to ensure the possible effects of these excipients in different populations.

584

585 **4. CONCLUSIONS**

586 In this work, a DES formed by xylitol and choline chloride have been prepared
587 and mixed with different proportions of water. Mixtures remained liquid at room
588 temperature. Density and viscosity for the mixtures were also measured at 25°C. The
589 toxicity study showed that these mixtures are not toxic, although the mixtures formed by
590 xylitol and choline chloride present higher toxicity than xylitol itself. It was also checked
591 that the HepG2 cell line is less sensitive to the mixtures analyzed than the HaCat line. In
592 addition, the solubility of ibuprofen in the mixtures has been also analyzed. It has been
593 observed that the solubility of the drug increases up to 21-folds with respect to the
594 solubility of the drug in water, which is very slightly soluble. It has also been seen that
595 as the proportion of water in the DES increases, the solubility of ibuprofen decreases,
596 being the best mixture to solubilize the drug, XChCl4.

597 Considering the obtained the results, it could be said that the studied mixtures
598 could be a starting point in the formulation of drugs in liquid formulation; however, more
599 studies would have to be carried out in order to develop drugs using them. This is an open
600 door to the use of new oral liquid formulations in the field of ibuprofen for special
601 populations, such as diabetics or fructosemics patients. Xylitol formulations helps to
602 increase the solubility of drugs but, additionally, acts as an energy supplier with enhanced
603 anti-diabetic activity.

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