



REDUCIR COMPLICACIONES
en personas supervivientes de
un ICTUS

a través de **HÁBITOS DE VIDA**
SALUDABLES

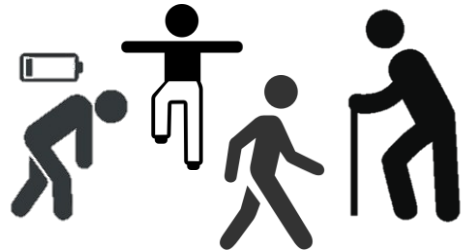
ESTIMULA LA
NEUROPLASTICIDAD



Ictus



PROMUEVE LA
RECUPERACIÓN
SECUELAS



BENEFICIOS DE LA
ACTIVIDAD
FÍSICA



RETRASA EL
ENVEJECIMIENTO



AUMENTA LA
CALIDAD DE VIDA



REFERENCIAS

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